

EISENBERG GLENN A  
Form 4  
May 22, 2009

**FORM  
4**

**UNITED STATES SECURITIES AND EXCHANGE  
COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL  
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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

|   |  |          |   |  |  |  |
|---|--|----------|---|--|--|--|
| 1. Name and Address of Reporting Person<br>*<br>EISENBERG GLENN A |  |          | 2. Issuer Name and Ticker or Trading Symbol<br>Alpha Natural Resources, Inc.<br>[ANR]   |  | 5. Relationship of Reporting Person(s) to Issuer<br><br>(Check all applicable) |  |
| (Last)  | (First)  | (Middle) | 3. Date of Earliest Transaction<br>(Month/Day/Year)   |  | <input checked="" type="checkbox"/> Director                                   | <input type="checkbox"/> 10% Owner             |
| ONE ALPHA PLACE, P.O. BOX<br>2345                                 |  |          | 05/20/2009  |  | <input type="checkbox"/> Officer (give title below)                            | <input type="checkbox"/> Other (specify below) |
| (Street)  | 4. If Amendment, Date Original Filed(Month/Day/Year) |          | 6. Individual or Joint/Group Filing(Check Applicable Line)<br><input checked="" type="checkbox"/> Form filed by One Reporting Person<br><input type="checkbox"/> Form filed by More than One Reporting Person |  |  |  |
| ABINGDON, VA 24212  | (City)   | (State)  | (Zip)   |  |  |  |

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Ownership (Instr. 4) |
|---------------------------------|--------------------------------------|--|--------------------------------|---|---|--|--|
|                                 |                                      |  | Code                           | V Amount (D) Price  |   |  |  |
| Common Stock                    | 05/20/2009                           |  | A <sup>(1)</sup>               | 2,147 A \$ 0  | 8,661   | D  |  |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

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