

Alpha Natural Resources, Inc.
Form 4
November 29, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person * Quillen Michael J (Last) (First) (Middle)			2. Issuer Name and Ticker or Trading Symbol Alpha Natural Resources, Inc. [ANR]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input checked="" type="checkbox"/> Officer (give title below) <input type="checkbox"/> Other (specify below) Chief Executive Officer	
ONE ALPHA PLACE, P.O. BOX 2345 (Street)			3. Date of Earliest Transaction (Month/Day/Year) 11/27/2007		6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person	
ABINGDON, VA 24212 (City) (State) (Zip)			4. If Amendment, Date Original Filed (Month/Day/Year)			

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
			Code	V	Amount	(D)	Price			
Common Stock	11/27/2007		S ⁽¹⁾		600	D	\$ 26.5	447,392	I	By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007		S ⁽¹⁾		500	D	\$ 26.49	446,892	I	By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007		S ⁽¹⁾		1,500	D	\$ 26.48	445,392	I	By Michael

Common Stock	11/27/2007	<u>S</u> (1)	3,500	D	\$ 26.47	441,892	I	J. Quillen, L.L.C. By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> (1)	2,500	D	\$ 26.46	439,392	I	By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> (1)	600	D	\$ 26.45	438,792	I	By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> (1)	800	D	\$ 26.43	437,992	I	By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> (1)	1,300	D	\$ 26.42	436,692	I	By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> (1)	400	D	\$ 26.41	436,292	I	By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> (1)	700	D	\$ 26.4	435,592	I	By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> (1)	1,100	D	\$ 26.39	434,492	I	By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> (1)	1,500	D	\$ 26.38	432,992	I	By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> (1)	1,100	D	\$ 26.37	431,892	I	By Michael

Common Stock	11/27/2007	<u>S</u> (1)	700	D	\$ 26.36	431,192	I	J. Quillen, L.L.C. By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> (1)	800	D	\$ 26.35	430,392	I	By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> (1)	100	D	\$ 26.34	430,292	I	By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> (1)	900	D	\$ 26.33	429,392	I	By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> (1)	300	D	\$ 26.32	429,092	I	By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> (1)	800	D	\$ 26.31	428,292	I	By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> (1)	700	D	\$ 26.3	427,592	I	By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> (1)	300	D	\$ 26.29	427,292	I	By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> (1)	100	D	\$ 26.28	427,192	I	By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> (1)	900	D	\$ 26.27	426,292	I	By Michael

Common Stock	11/27/2007	<u>S</u> ⁽¹⁾	1,000	D	\$ 26.25	425,292	I	J. Quillen, L.L.C. By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> ⁽¹⁾	200	D	\$ 26.24	425,092	I	J. Quillen, L.L.C. By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> ⁽¹⁾	600	D	\$ 26.23	424,492	I	J. Quillen, L.L.C. By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> ⁽¹⁾	100	D	\$ 26.22	424,392	I	J. Quillen, L.L.C. By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> ⁽¹⁾	100	D	\$ 26.21	424,292	I	J. Quillen, L.L.C. By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> ⁽¹⁾	400	D	\$ 26.18	423,892	I	J. Quillen, L.L.C. By Michael J. Quillen, L.L.C.
Common Stock	11/27/2007	<u>S</u> ⁽¹⁾	200	D	\$ 26.16	423,692	I	J. Quillen, L.L.C. By Michael J. Quillen, L.L.C.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)
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Reporting Owners

Reporting Owner Name / Address	Relationships				Date Exercisable	Expiration Date	Title	Amount or Number of Shares
	Director	10% Owner	Officer	Other				
Quillen Michael J ONE ALPHA PLACE P.O. BOX 2345 ABINGDON, VA 24212	X		Chief Executive Officer					

Signatures

M. Robert Morrill, Attorney-in-Fact for Michael J. Quillen
 11/29/2007

__Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on November 13, 2007.

Remarks:

This is the second of three Forms 4 filed by the reporting person with respect to transactions occurring on November 7
 Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
 Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.